

October 2008



# Scoop!



## In this issue . . .

- Halloween Happenings
- Tarantula Cupcakes
- Car Seat Safety

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 visited [MBayKids.com](http://MBayKids.com)  
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 what your KIDS are  
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**Kiddy Corral**  
**Pumpkin Patch**  
**Corn Mazes**

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*field trips*  
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**Great for Parties!**

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**Sept. 19th - Nov. 1st**  
 Daily 10 am - 6 pm WEEK-END HOURS  
 Friday & Saturday 10 am - midnight Sunday 10 am - 10 pm



## Election '08: The Mom Factor

Moms have been given significant credit for influencing the outcome of previous presidential elections. In the 1990s, "soccer moms" helped put Bill Clinton in office while, in 2004, "security moms" gave the nod to George W. Bush. As we sit on the cusp of a historical presidential election, moms have the ability to, this year, make an even *bigger* impact – and it won't even become a side note in the local news. Our greatest influence this election year can be in the engagement – and education -- of our own children in the political process.



Historically, in any given presidential election, approximately 50% of eligible voters choose not to vote. Even in this year's state primary – when California moved up its date to increase the impact of its outcome and to hopefully encourage a greater poll turnout -- 60% percent of California's eligible voters stayed home. Many local elections experience voter turnout percentages that are far more dismal.

The reasons eligible voters give for not going to the polls range from "too busy" or "don't like who's running" and "don't know enough about the issues" to "my one vote doesn't make a difference." Collectively, however, these nonvoters clearly have the ability to effect the outcome of an election.

As parents, we can increase the voter turnout rates of future generations by getting our own children excited about the political process when they are very young. While every election provides a prime teaching opportunity, the historic nature of this fall's presidential race is as good as it gets! Even if your children are too young to understand the issues, a simple visit to the polls -- and the acquisition of their very own "I voted" sticker -- will get them excited. As your children get older, use the "Voter Guide" that arrives in your mailbox as material for dinnertime discussions. Present the issues and the candidates' positions in terms they can understand and then encourage them to form their own opinions. Be careful not to criticize! Instead, sit back and take joy in the thought processes they've used to develop their points of view.

When your children are old enough to form their own opinions – and be quite vocal about them -- they may not agree with yours. Congratulations!! You've done your job! Not only have you successfully engaged your children in the political process such that they care enough to vocalize their points of view, but you've also supported the development of independent thinkers along the way. It may not make tomorrow's headline news, but its influence will last a lifetime!

Lori McDonnal  
 Editor

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**For information on advertising opportunities, contact Kim Georgalos (831) 595-6943.**



**MbayKids would like to thank each of the following contributors for sharing their *Scoop!* with us this month:**

**Laurie Bend - *Sweet Stuff***

Laurie is a mom, community volunteer, Girl Scout leader and small business owner. As a mother of three, she loves to test out recipes on her kids so she can pass them on to *Scoop!* readers.



**Pamela Breslin, CPNP - *House Calls***

Pamela Breslin is a Certified Pediatric Nurse Practitioner at Monterey Peninsula Pediatric Medical Group. Pamela has lived all over the world and currently resides on the Central Coast. She and her husband of 32 years have raised four children.



**Michelle Chisum - *MamaPreneur***

MamaPreneur Michelle is the owner/operator of Red Rooster Company LLC under which she manages The Stork Ladies, A Perfect Present and Celebrate Mama!™ Monterey. Her most important role in life, however, is being mama for two young sons.



**Susan Oros, M.A. - *Special Needs***

Susan is cofounder and vice president of Special Kids Crusade and mother of three, with a 12 yr. old son with Down Syndrome, a 9 yr. old daughter with autism and a 7 yr. old son who is typically developing.



**Sherry Pasquariello - *Homeschooling***

Sherry is a former apparel buyer for The Pebble Beach Company who left her job in 2000 to be a full-time mom. She has been homeschooling her daughter since 2005.



**Kathy Pimentel - *Photographer***

Kathy is a 'locally grown' photographer, having lived in Salinas nearly all her life! She has been taking photographs for over 20+ years, turning her hobby into a business. Kathy and her husband Rick live in Salinas with their 2 children, dogs, cats, fish and turtle!



**Julie Sutliff - *Arts & Crafts***

Julie has a "craft room" in her home that is dedicated solely to the creation of all things "arts & crafty." Julie enjoys sharing her love of crafts with her husband and 12 year old daughter - and with MbayKids *Scoop!*



**Cover photo by Kathy Pimentel, *Katalina Photography***

**On our cover:** After finding a pedal tractor just his size, 2 year-old **Zachary Vershaw** took time to "monkey around" in his Halloween costume at **Swank Farms** in Hollister.

**Celebrate these MamaPreneurs!**

by Michelle Chisum

**Amy Cornelsen & Lisa O'Callaghan  
F.U.E.L.**

[www.fuel-pe.com](http://www.fuel-pe.com)



The next few months are full of holidays that bring us sweet treats and weather changes that will move us indoors. Luckily, local MamaPreneurs Amy Cornelsen and Lisa O'Callaghan have been working overtime to ensure that our children learn the importance of exercise and healthy food choices through a physical education program designed for the classroom. Both former elementary school teachers, these sisters founded **F.U.E.L. (Fundamentally Understanding Exercise for a Lifetime)** to fulfill the need for a physical fitness program that meets the California physical education standards.

Lisa, mama to Grant (3 yrs.) and Cole (3 mos.), was inspired by the *Oprah* episode that featured stay-at-home moms who created their own products in order to remain at home with their children. Upon brainstorming with her sister Amy, also a mama to Claire (4 yrs.) and Ella (2 yrs.), the two created a DVD fitness program that is now assisting teachers throughout California. **F.U.E.L.** has been a project that required both Amy and Lisa to learn new skills outside of their teaching background, including filming and editing. After attending classes at the Apple Store in the Bay Area, they were able to produce DVDs on their own, significantly reducing start-up costs.



Just over a year in the making, the program can be purchased through the F.U.E.L. website, [www.fuel-pe.com](http://www.fuel-pe.com). Designed for teachers to use daily, as a tool for substitutes, or a rainy day alternative, the program includes six energetic DVDs and a teacher's manual. There is a set geared towards each grade level from kindergarten to fifth grade that covers everything from bending and stretching to dribbling and square dancing. Age-appropriate lessons are included on the importance of water consumption, following the rules in a game, monitoring heart rates and more.

Amy and Lisa have been attending educational conventions throughout California to market their product and are proud to finally be "in the 100% profit stage." Maybe we'll be seeing them on *Oprah* one day!

## Monterey County SELPA: An Overview


Part 2 in our series: *The Changing Landscape of Special Education in Monterey County*

by Susan Oros, M.A.



Special education in Monterey County can be a confusing maze to follow for parents of newly diagnosed children or for families new to the area. Last month, I discussed the changes underway to special education programs operated by the *Monterey County Office of Education (MCOE)*. This month, I'd like to discuss the Monterey County's *Special Education Local Planning Area (SELPA)*.

There are approximately 120 special education local planning areas throughout California. Generically speaking, a SELPA can be comprised of several school districts or one large school district. Its primary function is to oversee special education services in a region by (1) ensuring that students with an IEP (Individualized Education Program) are afforded the right to a free and appropriate education within the local area, (2) ensuring that special education programs are operated within the state and federal regulations, and (3) distributing special education funds from the state and federal government to the districts. SELPAs also provide technical assistance and trainings to special education teachers, administrators and parents.



To view Susan's previous Special Needs articles and to view all of our past issues of Scoop!, visit [www.MBayKids.com/Scoop.asp](http://www.MBayKids.com/Scoop.asp).

Ideally, a SELPA should act in a neutral and unbiased manner. A SELPA director can mediate disputes between school districts and parents for all students who have IEPs. SELPAs, however, do not directly operate special education classes nor does a SELPA director have authority over a superintendent of a district except to ensure compliance with regulations. (See the California *Education Code* starting with Section 56000 for more details.)

### Little Children's Storyfest

Saturday, October 18, 2008  
10:00 am to 2:00 pm

For tickets and information  
call 796-6970

Parent Center  
Salinas Adult School  
20 Sherwood Place  
Salinas • (831) 796-6970  
[www.salinasadultschool.com](http://www.salinasadultschool.com)



Great fun for children birth to 5 years!

SELPAs throughout California are also mandated to ensure that a *Community Advisory Committee (CAC)* is in place. The CAC is a forum for parents, teachers, and other members of the public to participate in the planning of special education services within a SELPA. Its function is advisory and responsibilities include, according to *Education Code*

Continued on page 14

**Kidfest**  
at the  
Monterey County  
Fairgrounds

Saturday, October 11  
and  
Sunday, October 12  
11 AM - 4 PM

FREE KIDFEST T-SHIRT  
FOR THE FIRST 400 KIDS  
EACH DAY!

**PRIZE CENTRAL**  
Play Games!  
Select a Prize!  
It's FREE!

**FREE Admission**  
Enter at Gate 5

New!!

**Exhibit Program** - enter your Arts, Crafts, Photography, Creative Writing, Science Fair Project, Recycled Art and MORE at **Kidfest!**

Entry Forms are online at [www.montereycountyfair.com](http://www.montereycountyfair.com)  
**Entry Forms are due by October 10, 2008**

Coloring Contest and Green Zone information also online!

Come to Kidfest for FREE Entertainment, Cooking Demonstrations, Healthy Eating Tips, Bounce Houses and MORE!



# Tarantula Cupcakes

by Laurie Bend

This recipe is so cute, I couldn't resist featuring it for our October issue! The decorating is fun and all the kids can be involved to help make dozens of long-legged spiders. These cupcakes will live up any Halloween party.



## INGREDIENTS:

- 1 box chocolate cake mix (with ingredients needed for preparation)
- 1 tub chocolate frosting
- 2 (2.5 oz) jars chocolate sprinkles
- 2 pkgs *Life Savers Gummies* (any flavor)
- 1 pkg black licorice or chocolate twists
- ½ cup chocolate chips



## DIRECTIONS:

1. Bake cupcakes as directed on package mix to yield 24 cupcakes. Let cool.
2. Frost the cupcakes with chocolate frosting and then cover with chocolate sprinkles over every area of frosting. Gently pat into frosting.
3. Place a chocolate chip in the center hole of each of the Gummies to create eyeballs. Press two (same color) eyeballs into the frosting of each cupcake.
4. Use scissors to cut the licorice twists in half. Fold each piece in half and crimp the licorice to form the bent leg. Push the end of each leg into the cupcake. We used only six legs on our tarantulas but you can use eight if you choose.
5. Enjoy!



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# Halloween Happenings

*Pumpkins . . . Corn Mazes . . . Trick or Treating . . .  
Fall Festivals . . . Treasure Hunts . . . and more!*  
**The Central Coast is full of Halloween Fun all month long!**

## 9th Annual Corn Maze & Pumpkin Patch at Swank Farms

Daily thru Sat., Nov. 1  
Mon. through Thurs. 10:00 am–6:00 pm  
Fri. & Sat. 10:00 am to midnight  
Sun. 10:00 am–10:00 pm  
2600 San Felipe Rd, Hollister  
(831) 637-4704 ~ [www.swankfarms.com](http://www.swankfarms.com)  
Pumpkin patch • Corn maze • Kiddy corral  
Labyrinth • Haunted events

See their ad on page 2!

## Salinas Young Life Pumpkin Patch & Corn Maze

Daily thru Fri., Oct. 31  
Open 9:00 am–8:00 pm  
Reservation Rd. at Hwy 68  
(831) 422-6441

Proceeds benefit kids in our community.  
See their coupon on page 11!

## Halloween Treasure Hunt at Gilroy Gardens

Weekends ~ Oct. 4 thru 26  
3050 Hecker Pass Hwy, Gilroy, CA  
(408) 840-7100 ~ [www.gilroygardens.org](http://www.gilroygardens.org)  
Get a treasure map and hunt for hidden treasure.

## Cardinale Pumpkin Patch

Daily thru Friday, Oct. 31  
Mon. – Fri. ~ 11:00 am to dusk  
Sat. & Sun. ~ 9:00 am–7:00 pm  
Monterey County Fairgrounds - Gate 7  
(831) 632-4100 ~ [www.montereycountyfair.com](http://www.montereycountyfair.com)  
School tours available, call for appointment.

## Haunted Barn at the American Tin Cannery

Weekends thru Oct. 26, plus Fri., Oct. 31  
Sat., 11:00 am–8:00 pm  
Sun., 11:00 am–7:00 pm  
Fri., Oct. 31, 6:00 pm–9:00 pm  
125 Ocean View Blvd. #116, Pacific Grove  
(831) 386-0135 ~ [www.redwings.org](http://www.redwings.org)  
"Rated PG-13" • Proceeds benefit Redwings Horse Sanctuary.

## Ghost Tour of Old Monterey

Nightly tours Wed. thru Sat.  
8:00 pm for 90 min.  
527 Hartnell St., Monterey  
(831) 624-1700 ~ [www.toursonterey.com](http://www.toursonterey.com)  
Haunted adobe tours including paranormal legends of old Monterey.

## Harvest Fair at Roaring Camp

Sat., Oct. 11 & Sun., Oct. 12  
6 miles north of Santa Cruz in Felton  
(831) 335-4484  
[www.roaringcamp.com](http://www.roaringcamp.com)  
Free pumpkins • Crafts & Fun activities  
Train rides

## Wild Things "Walk on the Wild Side" Flashlight Tour

Oct. 17, 18, 24, 25 & 31 ~ 7:00 pm–8:30 pm  
400 River Road, Salinas  
(831) 455-1901 ~ [www.wildthingsinc.com](http://www.wildthingsinc.com)  
Trick or treating • Photos • Refreshments  
See their ad below!

Exciting~Safe~Family Fun  
**HALLOWEEN NIGHT TOURS AT WILD THINGS**

Trick or Treating for the Kids  
Refreshments after the tour  
Photo with a Spooky Animal



Oct 17, 18, 24 & 31

7pm - Reservations Required



Call for Reservations:

**(831)455-1901 ext. 3**

400 River Road ~ Salinas

# Halloween Happenings

Visit [www.MBayKids.com](http://www.MBayKids.com) for more information on these and other fall events!



## Fall Festival at The Farm

Sat., Oct. 18 ~ 11:00 am-3:00 pm  
Hwy 68 at Spreckels Blvd.  
(831) 455-2575

[www.thefarm-salinasvalley.com](http://www.thefarm-salinasvalley.com)  
Puppet show • Pumpkin race • Hayrides  
Pumpkin patch

## Earthbound Farm Harvest Festival

Sat., Oct. 18 ~ 11:00 am-3:00 pm  
7250 Carmel Valley Road, Carmel  
[www.ebfarm.com](http://www.ebfarm.com)

Pumpkin carving demos • Games • Music  
Train & hayrides

## Apple Butter Festival at Gizdich Ranch

Sat., Oct. 18 ~ 9:00 am-5:00 pm  
55 Peckham Rd., Watsonville  
(831) 722-1056

[www.gizdich-ranch.com](http://www.gizdich-ranch.com)  
Hayrides • Antique Engine display  
Pumpkin patch • Apple butter

## Monterey Youth Center Kids Monster Madness Night

Fri., Oct. 24 ~ 5:30 pm-9:30 pm  
777 Pearl Street, Monterey

(831) 646-3873 ~ [www.monterey.org/rec](http://www.monterey.org/rec)  
Theme-based arts & crafts • Halloween  
Carnival • Costume contest for ages 7 to 12

**Tricks, Treats & Sweets  
at Casanova Oak Knoll**  
Fri., Oct. 24 ~ 6:00 pm-8:30 pm  
735 Ramona Ave, Monterey  
646-5665 ~ [www.monterey.org/rec](http://www.monterey.org/rec)  
Children (ages 6-12) Ghostly games • Crafts  
Spectacular surprises. Registration required.

**Roaring Camp Railroad Ghost Train**  
Fri., Oct. 24 & Sat., Oct. 25  
Departures begin at 6:00 pm  
6 miles north of Santa Cruz in Felton  
1-888-25EVENT ~ [www.roaringcamp.com](http://www.roaringcamp.com)  
Relive "The Legend of Sleepy Hollow" in a ride  
designed for young children & families.

**Heritage Harvest Festival  
at Wilder Ranch State Park**  
Sat., Oct. 25 ~ 11:00 am-4:00 pm  
Two miles north of Santa Cruz on Hwy 1,  
Santa Cruz ~ (831) 426-0505  
Pumpkin patch • Wagon ride • Draft horses  
Living history demonstrations

**Children's Halloween Party  
at Sherwood Hall**  
Sat., Oct. 25 ~ 11:00 am-3:00 pm  
940 N. Main St., Salinas ~ (831) 758-7351  
[www.ci.salinas.ca.us/](http://www.ci.salinas.ca.us/)  
Family-friendly, costume-wearing fun  
Carnival games • Prizes

**Halloween Open Gym & Sleepover  
Santa Cruz Sports Central**  
Sat., Oct. 25-Sun., Oct. 26  
350-B Coral St., Santa Cruz ~ (831) 427-3547  
Costume contest • Movies • Trampolines  
Foam Pit • Lots of gymnastics  
Reservations required.

**Boo at the Zoo ~ San Francisco Zoo**  
Sat., Oct. 25 & Sun., Oct. 26  
10:00 am-4:00 pm  
(415) 753-7080 ~ [www.sfzoo.org](http://www.sfzoo.org)  
Haunted nature trail • Creepy crawly critters  
Pumpkin stomp & chomp

**Haunt the Hollow at History Park**  
Sun., Oct. 26 ~ 2:00 pm-5:00 pm  
1650 Senter Rd., San Jose  
(408) 277-3000 ~ [www.hhpz.org](http://www.hhpz.org)  
Trolley Car Rides • Trick or treating  
Spinning Frisbee Dog Show

**The Barnyard Shopping Village  
Harvest & Halloween Festival**  
Sun., Oct. 26 ~ 2:00 pm-5:00 pm  
Hwy 1 at Carmel Valley Rd., Carmel  
(831) 624-8886 ~ [www.thebarnyard.com](http://www.thebarnyard.com)  
Trick or treat • Face painting • Costume  
Contest • Balloons • Live Music • Magician

**Capitola Halloween Parade**  
Sun., Oct. 26 ~ 2:00 pm  
Parade winds through Capitola Village and  
ends at Esplanade Park.  
(831) 475-6522 ~ [www.capitolachamber.com](http://www.capitolachamber.com)  
Parade • Trick-or-Treat bags • Face painting

**Pet-O-Ween at Collier Feed & Pet Supply**  
Sun., Oct. 26, ~ 12:00 pm-2:00 pm  
101 W. Laurel Dr., Salinas  
(831) 443-6161 ~ [www.collierpet.com](http://www.collierpet.com)  
Bring your pet in a costume • Win cool prizes

**Pattullo's Swim Center Pumpkin Plunge**  
Sun., Oct. 26 ~ 2:00 pm-4:00 pm  
1148 Wheeler St., Seaside  
(831) 899-6815 or (831) 899-6800  
Pumpkin harvesting • Pumpkin carving  
Swimming • Games

**Northridge Mall Trick-or-Treat**  
Fri., Oct. 31 ~ 4:00 pm-7:00 pm  
796 Northridge Mall, Salinas  
(831) 449-7226  
[www.shop-northridge-mall.com](http://www.shop-northridge-mall.com)  
Enjoy treats from participating stores.  
See their ad on page 13!

Dates and times subject to change.  
Some events may not be suitable  
for young children. Contact the  
event provider for details prior to  
attending any event listed here.

**Halloween Bonanza at Oldemeyer Center**  
Fri., Oct. 31 ~ 6:00 pm-9:00 pm  
986 Hilby St., Seaside ~ (831) 899-6805  
Bounce Houses • Game booths  
Halloween crafts • Candy • Costume contest

**Halloween at Greenfield Police Dept.**  
Fri., Oct. 31 ~ 5:00 pm  
215 El Camino Real, Greenfield ~ (831) 674-5111  
Glow-in-the-dark necklaces & goodie bags

**Halloween Fun & Safe Night  
at Rocky Han Community Center**  
Fri., Oct. 31 ~ 6:00 pm-9:00 pm  
211 Hillcrest Ave., Marina ~ (831) 884-1253

**Bowling Chills & Thrills**  
Fri., Oct. 31 ~ 4:00 pm-7:00 pm  
Monterey Lanes ~ 2161 N. Fremont St.  
Monterey ~ (831) 373-1553  
Valley Center Bowl ~ 1081 S. Main St.  
Salinas ~ (831) 422-9031  
Family Halloween bowling fun.  
See their ad on page 12!

FOOD, GAMES, TRUNK OR TREAT, INFLATABLES, LIVE MUSIC AND MORE!

## HALLOWEEN FAMILY FESTIVAL

OCTOBER 31  
6:00-8:30PM

**shoreline**  
community church  
2500 Garden Road Monterey, CA 93940  
831.655.0100 | [www.shorelinechurch.org](http://www.shorelinechurch.org)

TICKETS AVAILABLE NOW!  
\$5 PER PERSON OR \$25 PER FAMILY  
MORE INFO AT 655.0100

**Pumpkin Patch  
& Corn Maze**  
Reservation Road at HWY 68  
Daily through October 31  
Bring in this coupon for  
**\$1 OFF**  
a pumpkin purchase  
of \$5 or more

**younglife**  
Proceeds benefit kids in our community

# Halloween Happenings

## Marine Masquerade and Night of Scary Aquary at Seymour Marine Discovery Center

Fri., Oct. 31 ~ 6:00 pm-8:30 pm  
End of Delaware Ave., Santa Cruz  
(831) 459-3800

seymourcenter.ucsc.edu  
Storytelling • Whale skeleton  
Marine mask making

## Shoreline Community Church's Halloween Family Festival

Fri., Oct. 31 ~ 6:00 pm-8:30 pm  
2500 Garden Road, Monterey  
(831) 655-0100

Food • Games • Trunk or Treat  
Inflatables • Live music  
See their ad on page 10!

## Fall Harvest Party at Parents' Place

Fri., Oct. 31 ~ 10:00 am-11:30 am  
1025 Lighthouse Ave., Pacific Grove  
(831) 646-6623 ~ www.pgusd.org/parents  
Songs with MaryLee Sunseri • Wear costumes

## Halloween in the Parks

Fri., Oct. 31 ~ 4:00 pm-6:00 pm  
Join free fun at the park of your choice:  
El Dorado Park, Hebborn Family Center,  
Central Park, Firehouse Recreational Center  
and Bread Box  
(831) 758-7217 ~ www.ci.salinas.ca.us  
Games • Tricks and treats • Fun snacks

## Del Monte Center Pumpkin Pandemonium & Community Trick or Treat

Fri., Oct. 31  
Trick or Treating begins at 4:00 pm  
Hwy 1 & Munras Ave., Monterey  
(831) 373-2705 ~ www.delmontecenter.com  
Pumpkin Carving • Trick or treating  
Balloon artists

## Black Bear Diner Costume Fun!

Kids! Wear your costume to Black Bear Diner on Oct. 31 and be entered to win great prizes!

**Monterey**  
2450 North Fremont  
(831) 645-9700

**Salinas**  
805 W. Laurel St.  
(831) 449-1545

## Echoes From Calvary Church Harvest Festival

Fri., Oct. 31 ~ 5:30 pm-8:00 pm  
1025 Post Drive, Salinas  
(831) 422-2873

Jump house • Food • Candy  
Rock climbing wall • Games

## ARIEL Theatrical Face Painting

Fri., Oct. 31 ~ 3:00 pm-5:00 pm  
320 Main St., Salinas ~ (831) 775-0976  
www.arieltheatrical.org

Have your Halloween make-up applied.  
Reservations required. Proceeds benefit  
ARIEL's children's programs.

## Carmel Presbyterian Church Harvest Party

Sat., Nov. 1 ~ 1:00 pm-4:00 pm  
Corner of Ocean & Junipero Avenues,  
Carmel-by-the-Sea ~ (831) 624-3878 x 19  
www.carmelpres.org

Carnival games • Clowns • Face painting  
Prizes • Bounce house

## CREEPY CRAWLY CHILLS & THRILLS

at Monterey Lanes

## Friends & Family Pizza Party

Friday, October 31

Start ANYTIME  
between 4:00 pm to 7:00 pm

\$59.95 per lane - up to 6  
people on one lane!

Includes:

- 2 hours of unlimited bowling
- Shoe rental
- 1 large pizza
- 1 large pitcher of soda

## Monterey Lanes

2161 N. Fremont St., Monterey  
(831) 373-1553

Promotion also available at  
Valley Center Bowl, Salinas • 422-9031

Costume  
Contest  
for  
Kids and  
GOODY  
BAGS!



TOYS R US | CHILDREN'S PLACE | SEE'S CANDIES | SWEET THINGS

# SPOOKTACULAR SURPRISES!

## Trick or Treat

Let us *treat* you to a night of Halloween fun the entire family will enjoy.

4:00 pm - 7:00 pm

Friday, October 31<sup>st</sup>

Throughout Northridge Mall



Northridge Mall

www.shop-northridge-mall.com | 831.449.7226  
JCPENNEY. MACY'S. MERVYNS. SEARS AND MORE  
THAN 130 SPECIALTY STORES & RESTAURANTS  
HIGHWAY 101, EXIT BORONDA RD. IN SALINAS

Section 56194, "(a) advising the policy and administrative entity of the special education local plan area regarding the development, amendment, and review of the local plan, and (b) recommending annual priorities to be addressed by the plan."

The members of a CAC are to come from districts and are represented primarily by parents. The Monterey County CAC has been operating to the best of its abilities but not at a level mandated and envisioned by the Education Code. Carol Lankford, the new Executive Director for the Monterey County SELPA, is planning to develop the CAC so that it operates as mandated. However, it will take the time and efforts of parents to make it the dynamic committee that it can be.

I urge parents with special needs children who have IEPs to participate and help shape special education in Monterey County. The CAC generally meets the 2nd Wednesday of the month during the school year except in December. The next meeting will be held on October 22, 2008. For more information about the MCOE SELPA, go to [www.monterey.k12.ca.us/selpa/index.htm](http://www.monterey.k12.ca.us/selpa/index.htm) or call (831) 755-0342.

**Coming next month:** Learn about the changes underway for the Monterey County SELPA as a result of the Fiscal Crisis Management Assistance Team's (FCMAT) report published earlier this year.



  
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This is a fun – and versatile -- Halloween party treat. Adults will need to help with the cutting and scooping, but kids will love decorating their own dessert! They can be made ahead of time, filled with ice cream or orange juice, and frozen. Or, moms can fill them with low-fat

yogurt or calcium-rich pudding and offer their child's classmates a healthy alternative to the traditional cookie and candy fare at this year's Halloween class party.

### You'll need:

- Navel Oranges
- Knife
- Large Bowl
- Small fruit scoop (grapefruit spoon or melon baller)
- Black permanent marker
- Filling ingredients (ice cream, yogurt, pudding, etc.)



### DIRECTIONS:

**Step 1:** Wash and dry the oranges. Cut a thin slice of peel from the bottom of each orange so it will not roll.

**Step 2:** Set orange in large bowl. Use a sharp knife and, in a zigzag pattern, carefully cut a top "cap" off of the orange.

**Step 3:** Scoop the pulp from the orange, being careful not to scrape through the orange skin. Wipe & dry the hollowed out orange.

**Step 3:** Using a black marker, draw a jack-o'-lantern face on the rind.

**Step 4:** Prepare desired filling and spoon into the orange. Serve immediately or freeze, if desired.



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# Safety in the Car: Infant Car Seats

by Pamela Breslin, CPNP

California law requires children to ride in a "properly" secured child restraint system (safety seat, booster, car bed, etc.) until they are at least six years old or weigh 60 lbs.

There are very few exceptions. There are no exemptions for taxis or for vehicles from out of state. Under no circumstances may a child under 16 be transported without the protection of a "properly" used restraint system. This includes properly fitted safety belts.

In this article, the first of a two-part series, we'll take a closer look at infant car safety. Next month, we'll address car safety for older children.

**The youngest of children should be placed in rear-facing seats.** Rear facing seats are five times more protective than forward-facing ones as they are designed to provide support to a baby's head, fragile neck, and back. If a baby is facing forward in a frontal collision (the most common and most severe type of crash), the body is held back by the straps, but the heavy head is not. The head is thrust forward, stretching the neck which can actually tear the spinal cord. It is like yanking an electrical cord from a socket and tearing the wires. This can lead to death or paralyze the infant for life.

**A rear-facing seat should never be used in the front passenger seat with an active air bag.** Sitting in the front seat is 40% less safe than in the back.

**The law requires that a child ride rear-facing in a car until he or she is 12 months old and is at least 20 lbs.** A rear-facing seat can be an *infant-only* seat that handles a baby from 5 lbs. up to 20 to 22 lbs. (occasionally to 30 lbs.) or it can be a *convertible* seat that is used rear-facing from 5 lbs up to 30-35 lbs. Even after a child is legally allowed to transition out of a rear-facing seat, it is strongly recommended that he or she stay rear-facing for at least the first 2 years

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before being turned forward. A baby outgrows the rear-facing position when he or she exceeds the designated weight limit printed on the safety seat or when the head is within an inch of the top edge of the seat back.

**The safest infant seats use a 5-point harness.** This type of harnessing system utilizes a webbing strap over each shoulder, one on each side of the pelvis, and

one between the legs, with all five coming together at a common buckle. The shoulder straps on a rear-facing seat come from slots in the seat back that are either below or at shoulder level. The straps are held in place over the shoulders by using a retainer clip at the level of the infant's armpits. Without this clip, the straps may slip off the shoulders and the infant could fly out of the seat. When the infant is properly strapped into the seat, the straps should be tight enough so that you cannot pinch the straps between your fingers.

The safety seat, itself, is held to the seat of the car either using the vehicle safety belts or the LATCH system built into the car and the child restraint. LATCH is an acronym that stands for "*Lower Anchors and Tethers for Children.*" The LATCH system allows you to securely attach your safety seat in your car without using the vehicle belt.



**Strap before you wrap!** All bulky clothing, coats, and blankets should be placed over the baby, after he or she is strapped into the seat.

**Next month: Child restraint systems for a growing child after his/her first year.**

According to the *National Highway Transportation Safety Administration*, 3 out of every 4 children in child safety seats are not properly secured or, even worse, not restrained at all. For information about car seat safety and how to correctly install your child's seat, visit [www.nhtsa.gov](http://www.nhtsa.gov) or [www.carseat.org](http://www.carseat.org).

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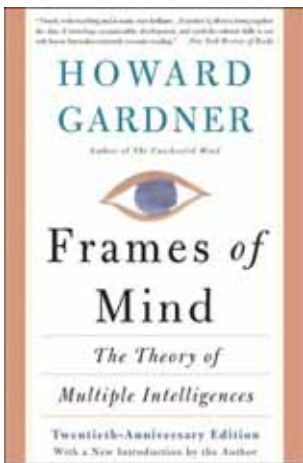
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# Motivated Learning

by Sherry Pasquariello

Many people feel that all you need to do is “motivate” children in order to get them to learn. This is true, but how do you go about it? By teaching to fit your child's “learning style.”

In 1983, research psychologist Howard Gardner published a groundbreaking book entitled, **Frames of Mind: The Theory of Multiple Intelligences**. Gardner's main thesis was that there is not one thing called “intelligence,” but rather several different types of intelligence that all human beings possess in varying amounts. Briefly defined, Gardner identified seven types listed in the box below.

By addressing the blend of multiple intelligences that are unique to our children, we can determine their best style of learning and apply this to the way we present them with the material they need to learn. All it takes is a little creativity! For instance, if you were trying to help your child learn the names of the fifty states you could present the material in the following ways: *Linguistic* - Practice by orally quizzing your child with the names of the states; *Logical* - Help them classify the states into different categories such as by letter, geographical size, population or date of statehood; *Musical* - Use CDs with songs that name the fifty states or make up your own song; *Kinesthetic* - Find a relief map that he/she can touch or a puzzle that can be taken apart and put back together; *Spatial* - Use a multi-colored map to help him/her associate the names with the different colors or shapes of the states; *Interpersonal* - Play a concentration-type card game where the state name is matched to an outline of its shape; *Intrapersonal* - Send a note to each state's government requesting information and keep the correspondence in a scrapbook.

### Intelligence Types

**Linguistic** - Sensitivity to spoken and written language, the ability to learn languages, and the capacity to use language to accomplish certain goals.

**Logical-mathematical** - Consists of the capacity to analyze problems logically, carry out mathematical operations, and investigate issues scientifically.

**Musical** - Involves skill in the performance, composition, and appreciation of musical patterns.

**Bodily-kinesthetic** - Using parts of the body (or whole body) to solve problems.

**Spatial** - Recognition and use of patterns in wide space or more confined areas.

**Interpersonal** - The capacity to understand the intentions, motivations and desires of other people.

**Intrapersonal** - The capacity to understand oneself, to appreciate one's feelings, fears and motivations.

After struggling through most of last year with our first experience using a pre-packaged curriculum, I decided this year I needed to find something to better suit my daughter's learning style. Next month, I'll talk about how I determined her learning style and was able to put together a program that better fits her educational needs.



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