

## Our Facility

- Located oceanside, (within a private, gated campus), in La Selva Beach, Santa Cruz County, California!
- Fabulous trails along the bluff overlooking the Pacific Ocean!
- Year around program with a huge (over 1/3 acre) covered arena providing accessibility in all weather conditions!
- 6-1/2 acres of paddocks, stalls, buildings, and arenas.
- + a whole lot more!

### Mini Day Camps!

Spring, Fall & Winter Camps!  
Held throughout the year on Holidays and school break days. Check our web site for upcoming camps!

## Therapeutic Riding



In therapeutic riding, the movement of the horses back mimics the gate of a person walking. This mimicked gate is transferred to the riders' pelvis and trunk in a controlled way. The effect of the horses rhythmic walk offers benefits unattainable through traditional clinical therapies. Students with no motor control and/or feel of their lower extremities have muscles and internal organs worked that are normally flaccid.

## Some of the Benefits from Horse Riding include:

Improved motivation and attention span.  
Improved spatial awareness and body image.  
Increased strength and endurance.  
Increased balance and coordination.  
Decreased spasticity and improved mobility.  
Improved sensory integration.  
Improved pulmonary, skin, and internal organ function.

### Registration Information:

- Make an appointment for a free 1/2hour trial and tour. See how much fun it is! (831) 761-1142
- Regional Center clients ask caseworker to sign you up for Day Camp; Vendor #HS0453 using Respite Hours.
- Private pay also available



Founded in 1997, our nonprofit, 501(c)3 Public Charity is staffed by professional horse riding/vaulting instructors. We are licensed and insured. We are vendors for San Andreas Regional Center and Ocean Grove Charter School.

# Monterey Bay Horsemanship & Therapeutic Center

**Mailing Address:** Facility Location:  
Post Office Box 742 783 San Andreas Road  
Soquel, CA 95073 La Selva Beach, CA 95076  
(831) 479-0680 (831) 761-1142

Special Needs Programs  
with an  
Equine Touch!

Fun and exhilarating programs  
for children, teens and adults  
with special needs!



Visit us on the web at  
[www.mbhorsecenter.com](http://www.mbhorsecenter.com)  
E-mail: [info@mbhorsecenter.com](mailto:info@mbhorsecenter.com)



MBHTC

# The many different Special Needs Programs with an Equine Touch!

## U Hang with the Horses!

This unique Day Camp allows you to come and hang out at a working horse facility! Learn all about horses! A four hour stay includes an on horse activity ... arena lesson, trail ride, or vaulting lesson! Offered daily Monday thru Saturday from 9:00am to 7:00pm.



## U Access-Ability!

An 'on the ranch' and 'out in the community' activity based program providing many different options for your day! Think outside the box! Available Monday through Saturday, 9:00am to 7:00pm



## U Trail Rides!

Trails include the bluff overlooking the Pacific Ocean! This is perfect for riders needing minimal or no support.



## U Arena Lessons!

From beginner to advanced. Students are supported, if desired, to enter local horse shows!

## U Quadriplegic Trail Rides!

Riders needing total support. Specially trained horses with adaptive equipment enabling riders to build strength, endurance and balance while improving pulmonary, skin, and internal organ function.



## U Summer Camps!

- Day Camps: Weekly in July, Mon-Fri, 11-3.
- Overnight Camps: Weekly mid-July thru mid-August, Sunday - Saturday.



## U Developmental Vaulting!

Gymnastics on horseback! This exhilarating sport is available for all ability levels! The safest of the equine sports!



## U Pony Club!

We are a United States Pony Club Riding Center and offer the full Pony Club curriculum and experience!



## U Equine Facilitated Learning (EFL)!

EFL is an educational approach that utilizes equine facilitated activities to promote learning and self discovery.

